



NEWS RELEASE

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Cheyenne Light offers Summer Saving Tips to Help Stay Cool

Cheyenne, WY---With the middle of summer giving a lot of heat, you may experience a high energy bill while trying to stay cool. "When energy usage goes up for cooling your home during these hot summer days, the cost of your monthly electric bill will increase," said Mark Stege, Director of Customer Service. "This sometimes surprises customers when they receive their monthly bill. Here are 10 easy steps, recommended by Cheyenne Light, Fuel & Power and the US Environmental Protection Agency to help you cut down on energy waste this summer."

1. Set your thermostat as close to 80 degrees as you can be comfortable with. Use fans to circulate cool air.
2. Position lamps, computers, and televisions away from your thermostats.
3. Install a programmable thermostat. Program your air conditioning to use less energy for cooling when you are away or sleeping.
4. Use a microwave instead of a conventional oven or range top. Conventional ovens create more heat in the kitchen than microwave ovens.
5. Hang laundry outside to dry. A few minutes on your clothes dryer's "fluff" cycle will soften any stiffness.
6. Avoid running heat-producing appliances (ovens, clothes dryers, dishwashers) during the hottest times of the day.
7. Keep sunny windows covered with blinds or draperies.
8. Install light-colored window shades to reflect heat away from your house.
9. Replace your air conditioning filters at least once a month. Make sure your air conditioner is fully charged with coolant and properly serviced, and that the area around it is free of weeds.
10. Check into Levelized Bill Payment options to help spread your summer energy costs throughout the year. This will level-out your high bills during the summer months.

For more ways to reduce your energy usage while experiencing monthly savings, visit us at Cheyenne Light, 108 W. 18th Street, or log on to www.cheyennelight.com.